The “Ashley Treatment” for the wellbeing of “Pillow Angels”

Ashley’s Condition - severe brain disorder since birth, remains undiagnosed:
- “Permanently Unabled”: infant level mentally & physically, and will not improve
- Average adult size was expected (her body was growing normally)
- Average lifespan is expected (her condition is not terminal)

“Permanently Unabled” children, who we affectionately call “Pillow Angels”:
- Form a new category of disability, survival was made possible through recent medical advancements
- Constitute less than 1% of children with disability, they are the most vulnerable of society
- Are profoundly dependent on their caregivers & profoundly precious to their families
- Their quality of life is much richer under their family’s loving care, versus getting “warehoused in institutions”
- The overwhelming majority of their families & caregivers believe that increased weight & size is their worst enemy
- An extreme condition that calls for individualized options in the hands of parents to help their children

The “Ashley Treatment”
- Preventative medical care
- Primary benefit to Ashley
  - Additional benefit to Ashley
- Side benefit

“Breast Bud Removal”
- Removal of almond size glands that enlarge upon puberty
- Simple surgery if pre-puberty
- Eliminate discomfort caused from large breasts, laying down or in supportive harness
- Eliminate possibility of fibrocystic growth
- Eliminate possibility of breast cancer
- Avoid sexualization towards caregiver

Hysterectomy
- Removal of tiny uterus
- Alternatives considered, not nearly as effective
- Eliminate menstrual pain & cramps
- Eliminate bleeding
- Eliminate possibility of pregnancy
- Eliminate chance of uterine cancer

“Sizing for Wellness”
- Estrogen therapy (patches) for two yrs to speedup puberty/closure of growth plates
- 40%, 20% reduction in weight, height
- Increase mobility thru caregiver
- Increase chance of living at home
- Decrease chance of needing scoliosis surgery, by slowing its progression
- Decrease chance of bedridden induced infections
- Physical self closer to cognitive self

Appendectomy
- Commonly done with abdominal surgeries
- Eliminate possibility of Appendicitis (5% chance)

Remarks on the “Ashley Treatment”
- Appropriate for children with similar condition to Ashley’s
- Relatively safe and leads to significant, lifelong & direct benefits to these children, in the avoidance of pain and suffering & the improvement of their quality of life
- No amount of state funding or resources would replace these direct benefits
- We received 1,150 emails from parents & caregivers who have direct experience with Pillow Angels, & who expressed a strong support for the treatment
- Dozens of parents of Pillow Angels worldwide are evaluating the treatment for their children

Prepared by Ashley’s parents with input from “Friends of Pillow Angels”
For more details see Ashley’s blog by searching for “ashley treatment” or “pillow angel”
Contact us by emailing pillowangel@hotmail.com